

Initial Weight Loss

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In the first week following his lap band surgery, Jacques dropped approximately 19 pounds. He noted that his eating habits were much more under control and he was eating more of what a regular person should be consuming.

According to Jacques, since the lap band surgery he has a lot more energy and is not as tired out as before. Saying that sleep apnea is associated with being overweight, Jacques said he used to be tired, to the point where he would go to asleep at times in his car while at stoplights.